

Sandy Canfield, LMHC, P.A.
PBSP Supervisor

Sandy Canfield is a Licensed Mental Health Counselor and has been in private practice in Winter Park, Florida since 1981. She is trained extensively in Redecision Therapy and is a Certified Imago Relationship Therapist, as well as a Certified Group Psychotherapist. Sandy received her certification in Pesso Boyden System Psychomotor Therapy in December 2000 and became a PBSP Supervisor in 2006. In her practice, she works with individuals and couples as well as maintaining six ongoing groups. Sandy also supervises psychotherapists and is a Certified Psychotherapy Supervisor in the State of Florida. She has appeared on local TV for her work with couples and recently for her work with eating issues.

Sandy has conducted numerous workshops and presented many times at State and National Conferences on a variety of psychotherapy topics. Sandy presented at the 2003 American Group Psychotherapy Conference on the topic of : **Psychomotor: A Mind/Body Integrative Model for Group Therapy**. She also presented at the 2005 5th International PBSP Congress on: **Psychomotor with Couples— A Model for Couples Group Therapy**.

Deborah Ann Willbur, LCSW,P.A.
PBSP Supervisor in Training

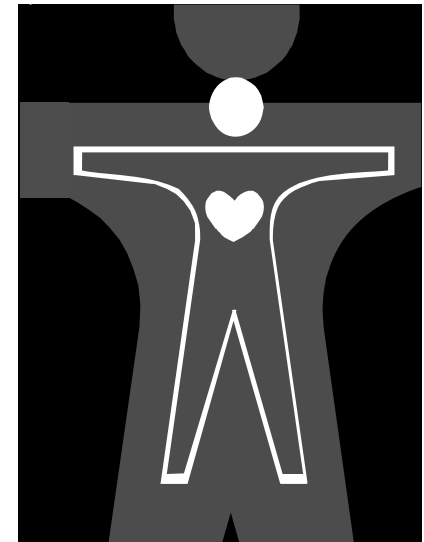
Deborah Ann Willbur, is a Licensed Clinical Social Worker and has been in private practice in Winter Park, Florida for the past 20 years. She has trained extensively in Systems Theory, Redecision Therapy and is a Certified Group Psychotherapist and a Certified Parenting Instructor. Debbie received her certification in PBSP in 2000 and is currently training to be a PBSP Supervisor. Her practice includes work with individuals, couples, families and groups.

Additionally, she supervises psychotherapists and is a Certified Psychotherapy Supervisor in the State of Florida. Debbie is well known for her public speaking skills and has presented at a number of Local and National Conferences. Her most recent presentations include the 2003 AGPA Conference: **Psychomotor: A Mind/Body Integrative Model for Group Therapy** and the 2003 Southeastern Psychomotor Society Fall Program: **Clinical Applications of PBSP for Alcohol/Drug Addictions and Eating Disorders**.



Southern Center for Pesso Boyden System Psychomotor
2150 Park Avenue North
Winter Park, Florida 32789

Southern Center
For
Pesso Boyden
System Psychomotor



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Southern Center for Pessso Boyden System Psychomotor

MISSION STATEMENT:

The Southern Center for Pessso Boyden System Psychomotor (SCPBSM) is an Orlando based affiliate of PBSP International Home Office dedicated to providing quality PBSP psychotherapy to clients and to promoting the study, education, training and supervision of this psychotherapy to professionals in all fields of social /psychological study. To this end, the Center offers individual, couples and group PBSP therapy sessions as well as experiential workshops and in-service training programs. For PBSP clinicians in training, the Center offers certified individual and group supervision. SCPBSM also offers mind/body study groups.

WHAT IS PESSO BOYDEN SYSTEM PSYCHOMOTOR (PBSP)?

Founded in 1961 by Al Pessso and Diane Boyden, PBSP is a mind /body therapy that utilizes specific techniques to very precisely and non-intrusively track a client's perspective. These micro-tracking techniques induce powerful recollections of past life-shaping events. Then PBSP offers symbolic corrections with extreme precision. These corrective experiences are what sets PBSP apart from other therapies.

How DOES IT WORK?

The PBSP therapist closely tracks the meaning of verbal, nonverbal and emotional information as it rises to the surface of the client's mind and body. Through specific techniques, this mind/body information highlights the client's interior-exterior perspective and is then represented in the room through the use of role-play figures.

These external representations of consciousness spur the client's associations. As recollections of past life-shaping events emerge, they are represented in the room through role-play figures. As these memories are illustrated, it opens the door for symbolic corrections. These experiences enter the psyche at a core level and are thought to produce psychological/neurological reorganization.

How IS IT USED?

PBSP can be used in individual, couples, family and group therapies. It is also very useful in organizational training.

WHO CAN USE IT?

PBSP was founded on such clear and understandable formulations that therapists with various types of professional training and experience will find the process readily adaptable to their own frames of reference. Whatever their orientation, therapists can benefit from receiving this training.

Programs Offered at the Southern Center for

Pessso Boyden System Psychomotor

By Appointment:

Individual and Couples Therapy

Openings are available in Psychomotor Groups

Experiential Workshops 2007

Call for dates & times

407-645-3507

** Lecture and Demonstration by request*

Training Group for Therapists

Second Year

February 9,10,11, 2007 (Al Pessso)

May 4,5,6,2007 (Gus Kaufman, PhD)

Training Workshops by Al Pessso

In Franklin, New Hampshire 2007

TBA

603-934-5548

**Each workshop runs for 6 days from Sunday at 1:00 PM through Friday no later than 4:30 PM.*